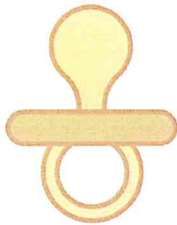


Typical Developmental Sequence of FINE MOTOR SKILLS

for ages 0-6

0-3 Months Old

- Hands are in a fist position
- Arm movements are random and not controlled
- Will watch the movement of their hands and brings hands to their mouth
- Will swing at targets (toys, person) using their whole arm
- Will follow a person's movements with their eyes
- Will begin to hold objects in their hands

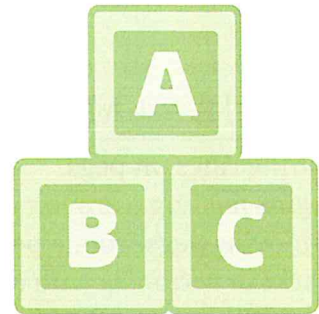


3-6 Months Old

- Reaches for toys using both arms
- Begins to transfer objects from one hand to another
- Will hold their hands together
- Begins to notice objects a few feet away from them

6-9 Months Old

- Begins to grasp & hold onto objects
- Uses a raking grasp to move objects with fingers
- Looking for one object while holding another
- Pokes at objects using their index finger
- Take objects to their mouth
- Explore textures and sensory input with their mouths
- Begin to hold their bottle
- Squeezes objects with their fist
- Play with their own hands



Typical Developmental Sequence of **FINE MOTOR SKILLS**

for ages 0-6

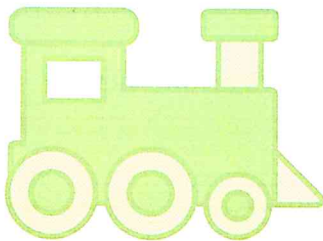
9-12 Months Old

- Begins to feed themselves finger foods
- Will turn pages in a book a few pages at a time
- Begins to put small objects in a cup or container
- Pincer grasp develops (using index finger and thumb to grasp objects)
- Transfers objects between hands (beginning of crossing midline skills)
- Grabs crayons with a fistful grasp
- Can hold two small objects in one hand
- Begins to show a preference for one hand over the other (beginning development of right handed vs. left handed)



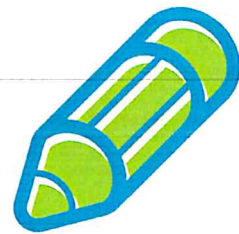
12-18 Months Old

- Can build a tower of 2 blocks high
- Claps hands together (beginning of bilateral coordination)
- Waves goodbye
- Can scoop objects with a spoon or small shovel
- Bangs objects together using both hands (beginning of bilateral coordination)
- Puts small objects into a container
- Scribbles with crayons on paper



18-24 Months Old

- Putting rings on pegs
- Begins holding a crayon with finger tips and thumb
- Removing pegs from a pegboard
- Marks or scribbles with a crayon or pencil
- Can build a tower 3-4 blocks high
- Can open loosely wrapped packages or containers
- Begins to start cutting paper with scissors (closer to 2 years old)
- Can turn pages in a book one page at a time

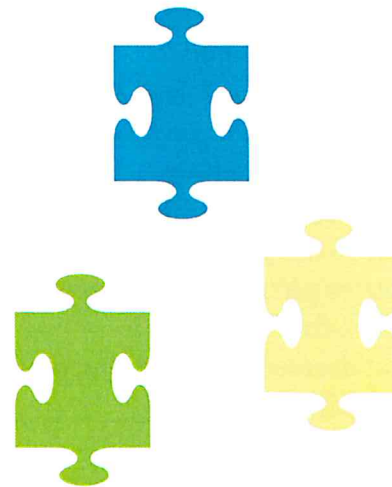


Typical Developmental Sequence of **FINE MOTOR SKILLS**

for ages 0-6

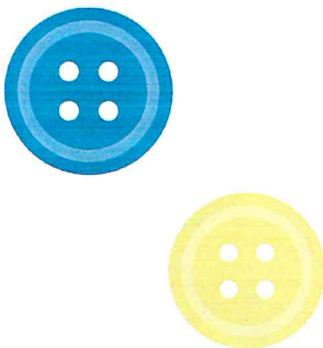
2 Years old

- Manipulates clay or play dough
- Can stack a block tower 9 blocks high
- Can turn doorknobs
- Can pick up small objects with pincer grasp (index finger and thumb)
- Can complete 3 piece puzzles
- Scribbles
- Make snips on paper with scissors
- Will wash hands independently
- Can screw lids on containers on and off
- Can string large beads
- Zips and unzips large zippers
- Can use a spoon correctly



3 Years Old

- Can draw a circle after being shown model
- Cuts a piece of paper in half
- Copies prewriting lines of vertical, horizontal, and circle shapes
- Laces a card
- Can cut a long a wide line with 1/2" accuracy
- Will string 1/2 inch beads
- Sorts objects
- Will fasten and unfasten large buttons

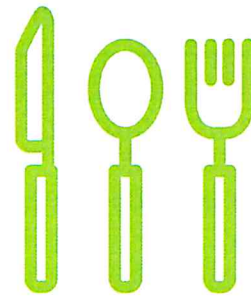


Typical Developmental Sequence of **FINE MOTOR SKILLS**

for ages 0-6

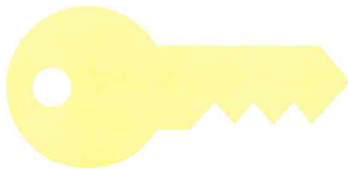
4 Years old

- Can copy cross shapes, right and left oblique lines "/" "\", square and X shapes
- Can touch the tip of each finger to their thumb
- Can color within a picture with no more than 1/4" deviations from the coloring lines
- Can cut big circles with scissors
- Can move the paper while cutting along a line
- Completes puzzles of 4-5 pieces
- Can use a fork correctly
- Can get dressed and undressed without help
- Uses dominate hand



5 Years Old

- Grasps a pencil correctly
- Begins to print their name
- Copies a triangle shape
- Cuts out a circle
- Opens a lock with a key
- Draw a diamond shape when given a model
- Draws a person with at least 6 different body parts
- Can lace their shoes



6 Years Old

- Can copy first name
- Builds a small structure with blocks
- Can put a 16-20 piece puzzle together
- Uses a knife to cut food
- Cuts well with scissors, no deviations from the cutting line
- Prints 3 or more simple words
- Can print all numbers 0-9
- Can print all letters of the alphabet, upper case and lower case

